

SISHU VIKASH & AUTISM CARE

Primary Health Care Education Module

Conduct by: Public Swsatha Mitra Medicine Council

Introduction:

In today's digital and mobile era, new challenges have emerged in child development. Excessive use of mobile devices and online platforms often hinders children's attention, social skills, and overall physical and mental growth. In this context, the **"Sishu Vikash & Autism Care"** course has been designed to provide fundamental knowledge, skills, and community-based support for child development and Autism Spectrum Disorder (ASD). Through this course, learners will understand how to monitor children's physical, mental, and social development, identify signs of autism, implement early interventions, and guide parents and caregivers effectively. Additionally, students will learn about school inclusion, government support programs, and community awareness initiatives.

Upon completion of the course, learners will be capable of providing advice, support, and guidance on child development and autism, conducting community awareness activities, and monitoring children's progress. They will have employment opportunities in child development centers, schools, community health programs, and related health and education sectors. Moreover, they will be eligible to participate in government or NGO-based child and autism support projects.

BASED ON NSQF LEVEL: 4

DURATION: 220 Hours (Maximum 4.5 Month)

Theory: 170Hours

Practical Internship: 50 Hours

ELIGIBILITY:

Minimum Qualification: Class10 (Madhyamik)

Age: 18 years and above

◆ **Module 1: Child Development - Stages & Normal Aspects**

- Introduction to Child Development
- Key Domains of Development - Physical, Cognitive, Emotional, Social
- Developmental Milestones
- Monitoring Developmental Progress & Detecting Delays
- Role of Early Education, Play & Stimulation Techniques
- Age-Based Observation Checklist
- Parental Counseling

◆ **Module 2: Autism Spectrum Disorder (ASD)**

- Introduction to Autism

- Common Signs & Symptoms
- Neurological & Developmental Differences
- Causes, Myths & Misconceptions
- Medical Treatment, Therapy & Early Intervention
- Use of Autism Screening Tools & Assessment Techniques
- Legal & Policy Guidelines-Rights of Children with Autism, Government Schemes
- Parent Education & Awareness

◆ **Module 3: Compassionate & Community-Based Support**

- Counseling Strategies for Parents & Caregivers
- School Inclusion Practices - Inclusive Education, Individualized Education Plans (IEP)
- Government Assistance, Registration & Support Programs
- Community Awareness & Advocacy

◆ **Module 4: Internship / Practical Training**

- Observation & Assessment of Children
- Parent Counseling & Guidance Sessions

- School Inclusion & Classroom Support

**THIS COURSE MODULE IS GOVERNED BY NOTARISED AGREEMENT.
USE ONLY WITH PSMNC PERMISSION.**